

Caroline Chisholm Centre for Health Ethics

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Pastoral and Spiritual Care including Care of the Carers

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EO PASCOP

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Overview



- Definitions
- Spiritual dimensions
- Spiritual tasks of ageing
- Spiritual care for carers
- Spirituality and ethics
- National Guidelines for Spiritual Care in Aged Care
- Overview of the project
- More information
- References

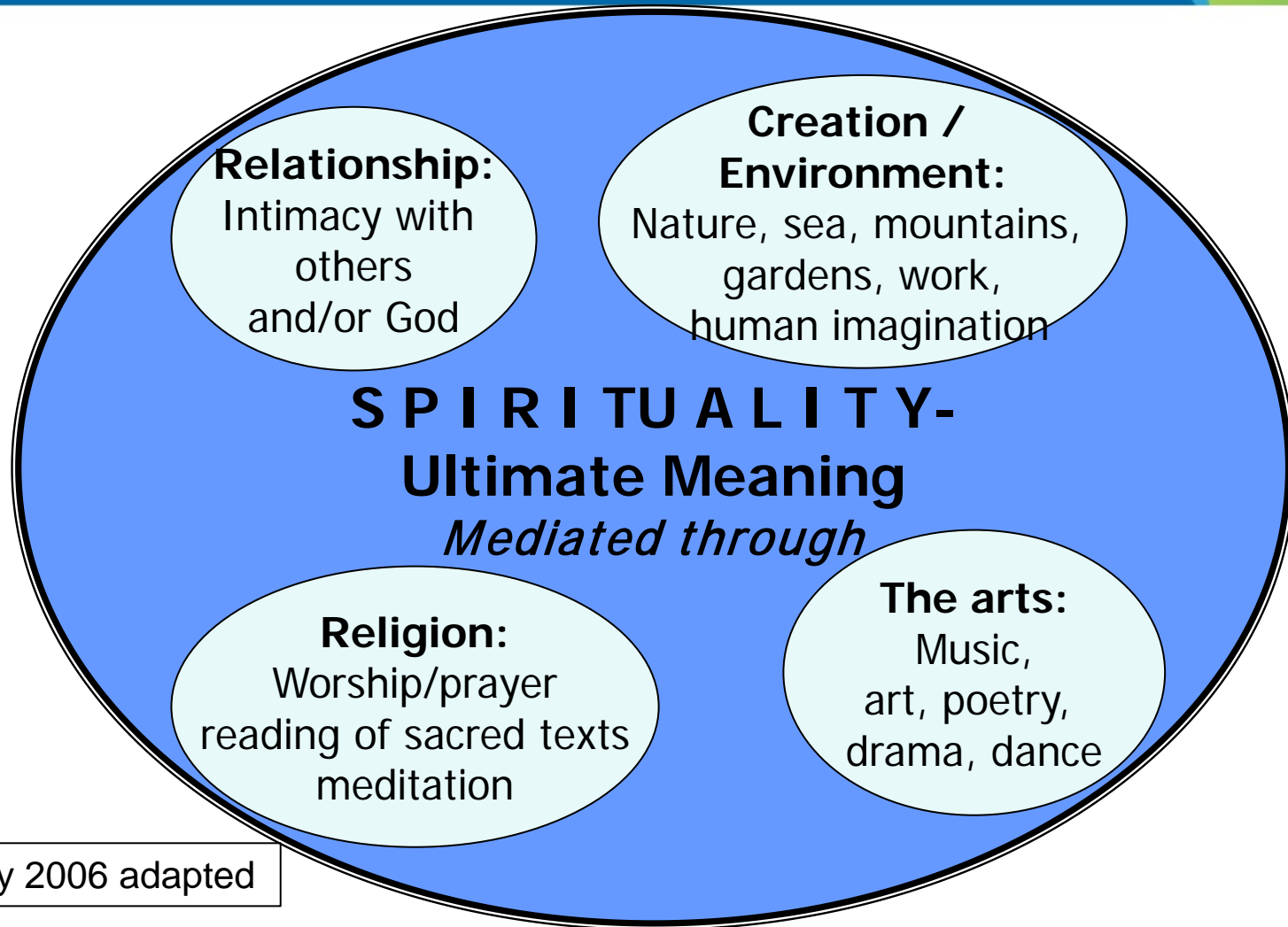
Definition of Spirituality



Spirituality is the aspect of humanity that refers to the way individuals seek and express meaning and purpose and the way they experience their connectedness to the moment, to self, to others, to nature, and to the significant or sacred.

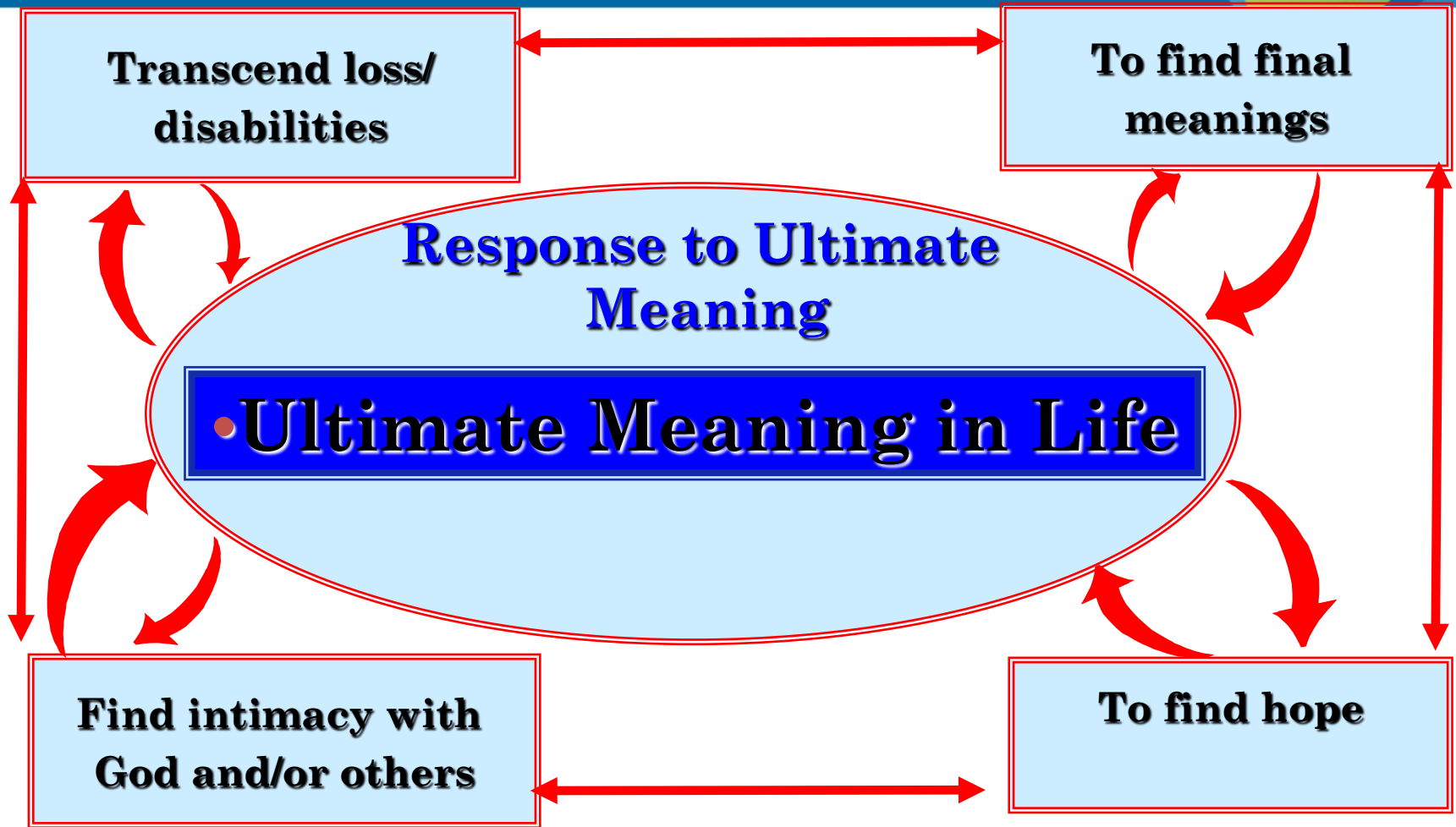
(Puchalski, Vitillo, Hull, & Reller, 2014).

Mediating the Spiritual Dimension



Mackinlay 2006 adapted

Spiritual Tasks of Ageing



MacKinlay, 2006, p.23

Practical Spiritual Care for Carers

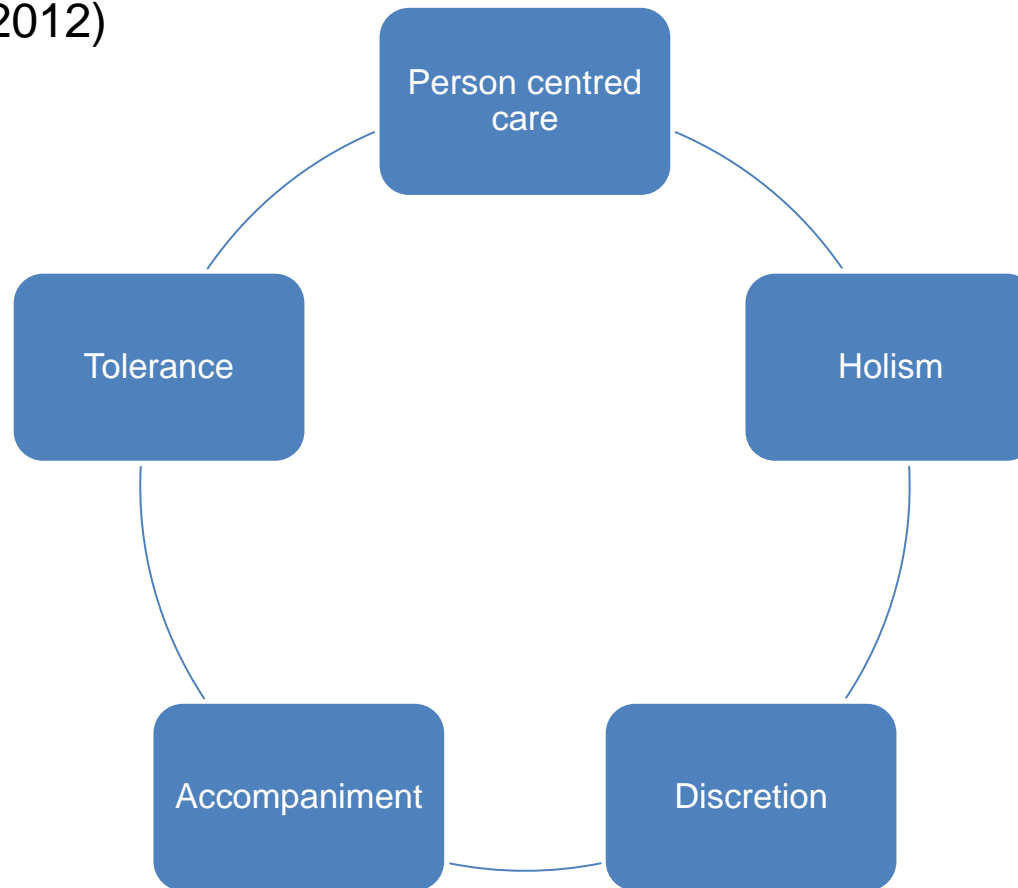


- Respecting the role of families and carers
 - Knowing the older person well
 - Listening to their concerns and needs
 - Involving them where possible
- Empowering family and carers (Mackinlay 2012 p.276)
 - Support - Stigma and loss can cause withdrawal from older person with dementia
 - Focus on the positive - Caring can be rewarding – 81% reported positive gains
 - Families and carers can be vital in holding the memory and identity

Ethical Principles for Spiritual Care



- Sulmasey, D (2012)



Ethical Principles For Spiritual Care



- Proselytizing
- Confidentiality
- Clinical notes
- Spiritual assessment, training and evaluation
- Resourcing
- Prayer
- Miracles
- Family and carers

Sulmasey (2012), 466-470 and McSherry (2010), p.73-74.

NGSCAC Project Overview



NATIONAL GUIDELINES FOR SPIRITUAL CARE IN AGED CARE

A partnership between

PASCOP

Pastoral & Spiritual Care of Older People



Spiritual Health Victoria

Project management by

 **NARI** NATIONAL
AGEING
RESEARCH
INSTITUTE LTD

This project is funded by



Australian Government

Department of Social Services

NGSCAC Project Overview



Project stages:

Phase 1 – Stakeholder engagement

Phase 2 – Literature review

Phase 3 – Consultation

Phase 4 – Draft, pilot, evaluate and finalisation of the Guidelines

Development of the Guidelines



- Consultation process
- Literature review
- Preliminary Framework
- Pilot sites – six home care and six residential care
- Three month pilot
- Briefing, training and support provided
- Evaluation of pilot
- Final draft published for comment early 2016
- Final version available July 2016 downloadable from PASCOP website

Literature Review Findings



- Definition of what is spirituality and what spiritual care is and is not.
- Spiritual care is everybody's job.
- All organisations need access to expert spiritual care.
- Spiritual care needs to be multidisciplinary and interdisciplinary and include families & carers.
- All staff should be aware of their own spirituality and aware of their limitations.
- Spiritual assessment and re-evaluation are mandatory components of spiritual care.
- Spiritual care has to be part of a care plan – there may be levels of care defined.
- Assessment instruments that are consistent across health settings are important.
- Evidence shows access to spiritual care can improve mental health other conditions.
- Cost studies about the benefit of providing spiritual care are lacking in the literature.
- Existing guidelines that include domains about spiritual care are very simplistic.
- Existing spiritual care guidelines are very general, and none specifically address aged care.

(Doyle & Jackson, 2015)

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MORE INFORMATION



Visit the PASCOP website

www.pascop.org.au

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Thank you

Any Questions

